



ARC Healthy Living Centre Ltd

## EPIC\_Enabling Participation Initiative for Children



**“Coping with a child who has learning or a physical disability can be a life-changing experience”.**

We wish to help families with young children with a disability aged 0-18yrs by offering quality child care in the home tailored to the needs of their family. We will match the needs of the family with trained child care staff (NVQ/QCF Level 3 in Child Care) who will provide a flexible care and support service. Child Care support is confidential, non-judgemental and free for the duration of the pilot. We can give no assurance thereafter. Child care staff can provide support for up to 15hrs per week at times that suit you.

### The EPIC Initiative will:

- Enable families to access and use health and community facilities such as shops, hospitals, leisure facilities, community programmes and initiatives.
- Assist families at periods of pressure such as getting siblings to and from school.
- Accompany your child to other settings.
- Potentially enable parents to avail of employment.
- Assist with personal care needs e.g. dressing, feeding & toileting as required.
- Reduce family isolation and increase social support networks
- Allow parents more time to spend with siblings
- Improve parents' physical health and emotional well being

### EPIC will accept referrals from:

- Health visitors
- GPs
- Community partners
- Professionals in social care and child care
- Professionals in education and early years
- Families themselves

### Referrers should:

- Discuss EPIC with the family – they must agree to receive support
- Contact Emma Caughey EPIC Coordinator and follow the referral process

### EPIC Coordinator will:

- Set up an initial visit with the family to discuss their needs
- Carefully match the skills and experiences of a child care worker to the needs of the family
- Introduce the child care worker to the family
- Let you know when EPIC support starts and ends
- Keep you informed about progress
- Monitor and assess the support provided
- Deal with any concerns parents raise about the service

ARC Healthy Living Centre Ltd is committed to promoting the safety and welfare of children. Our relationship with families means we are alert to any concerns about the children's safety and well being.

ARC has:

- Effective, up-to-date policies, code of conduct and safeguarding procedures
- Criminal records checks
- Recruitment, inductions, training and supervisory arrangements
- Regular quality assurance checks

**Contact Emma Caughey EPIC Coordinator directly on 07926 488639 or 028 677 38063**



ARC Healthy Living Centre Ltd -  
**'helping people to help themselves'**

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